

Runic Healing Incantation

[SPOKEN}

Ódinn, hear our pleas,

We seek your guidance with giving wellness back to those here,

We seek the wisdom and knowledge to seek the right spirits to fill them and repair the damage.

Ódinn we call upon the power of the runes to give them the strength they need.

[SUNG]

We call upon the power of Uruz to see us here on Midgard,

We know Uruz is endurance of illness, and tenacity for victory,

It brings healing with raw primal power, and offers vitality to our friend,

The young warrior, who uses self-healing to conquer all.

We look to the skies for some sign of hope,

We look to the lands for some sign of help,

We look to our heart for the power of our family,

We look to our mind to cast out this enemy.

Draw in the power, draw in the force,

Draw in the power, draw in the force.

We call out Thurisaz as the breaker of resistance,

An active defensive force, and brings the regeneration,

We know a great battle is to wage,

We know that Thurisaz is violence to win the war.

We look to the skies for some sign of hope,

We look to the lands for some sign of help,

We look to our heart for the power of our family,

We look to our mind to cast out this enemy.

Draw in the power, draw in the force,

Draw in the power, draw in the force.

We call on Hagalaz with power beyond man to control,

To bring about changes for the long-term good,

By confronting the illness of the past, forcing change to bring completion,

We call upon Hagalaz to bring increased energies.

We look to the skies for some sign of hope,

We look to the lands for some sign of help,

We look to our heart for the power of our family,

We look to our mind to cast out this enemy.

Draw in the power, draw in the force,
Draw in the power, draw in the force.

We call upon Sowilo to restore our seat of the soul, for a wholeness not matched,
The life giving force, and cosmic energies to wage the battle,
Must have faith in the outcome, maintain our hope for success,
We call upon Sowilo for persistence, optimism, dedication, and invigoration.

We look to the skies for some sign of hope,
We look to the lands for some sign of help,
We look to our heart for the power of our family,
We look to our mind to cast out this enemy.
Draw in the power, draw in the force,
Draw in the power, draw in the force.

We call on Othala to connect to ancestral spiritual power,
That we may find utopia, and paradise here on Midgard,
We ask that Othala help us have productive interactions
That we return home with the victory over the illness.

[SPOKEN]

All father, we call upon the power of the runes to remove this illness,
To restore our friend to their previous way,
To focus the power of the runes to target the enemy and slay them,
To restore the happiness within our friend's eyes.

Hail Ódinn, Hail Freyja!